

# REVIEWS



## BOOKS

Reviewed by Ruth Parnell

### THE RECONNECTION:

#### Heal Others, Heal Yourself

by Dr Eric Pearl

Hay House, USA, 2001

ISBN 1-56170-819-4 (221pp hc, pb)

Price: A\$37 (hc), A\$24.95 (pb); NZ\$33.95

(hc); £16.99; Euro30.90; US\$23.95

Availability: **Aust**—Gary Allen P/L, tel (02)

9725 2933, **NZ**—NEXUS Office; **UK**—

Airlift, tel 020 8804 0400; **Europe**—

NEXUS Office; **USA**—Hay House, website

<http://www.hayhouse.com/books/>

Top medical researchers and schools around the world are recognising the extraordinary healing work of Los Angeles-based chiropractor Dr Eric Scott Pearl. In 1993, having practised chiropractic for 12 years, Dr Pearl was suddenly blessed with two special gifts: the ability to be a conduit for a powerful healing energy and the realisation that spirit is everywhere.

His patients have reported elimination of cancers, curing of chronic fatigue syndrome, reversal of birth defects and regained use of limbs following spinal injury. And while he's still coming to terms with the energetic mechanisms by which these healings can be effected (some people have been healed by watching him perform activations on TV), he maintains that the gift is also about helping others to help others. His touching book, *The Reconnection*, is not just the story of his remarkable journey into healing, but it's also an instruction manual to help anyone "ease into the pool of reconnective energy" and "ignite the healer" within.

Dr Pearl clarifies the misconceptions about energetic healing and rejects the use of rituals based in fear, not love. He also explains what effects patients may experience during healing sessions. To connect with the flow, we need to let go of ego, emotional baggage and mental constructs, and allow ourselves to focus attention and feel for the energy coursing within and without.

Dr Pearl's practical advice transcends "technique" as such, and makes a whole new world of healing accessible to us all.

### THE WAR ON FREEDOM: How and Why America was Attacked, September 11, 2001

by Nafeez Mosaddeq Ahmed

Tree of Life Publications, USA, 2002

ISBN 0-930852-40-0 (400pp e-bk or pb)

Price: US\$8.95 (e-book), US\$11.95

(e-book + pb), US\$16.95 (pb) + s&h

Availability: **USA**—Media Monitors

Network, website [http://www.thewaron-](http://www.thewaron-freedom.com)

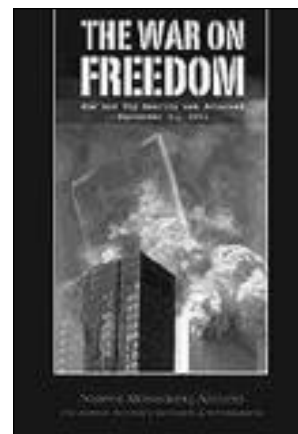
[freedom.com](http://www.thewaron-freedom.com); Amazon.com

The world has indeed changed forever since the events of September 11, 2001, but, says Nafeez Mosaddeq Ahmed in the preface to *The War on Freedom*, "not necessarily in the way slavishly described by the majority of academic and media commentators". Ahmed seems to have a maturity beyond his 23 years of age, with a number of thought-provoking papers already to his name. He is the executive director of a public interest think-tank, the Institute for Policy Research & Development, based in Brighton, UK. In this issue of NEXUS, we reprint the Conclusions from his book.

Ahmed makes a serious attempt to examine the facts and anomalies of events

surrounding September 11, and he reveals some unpalatable truths; for example, the suspicious collapse of standard operating procedures for air emergencies on that day. Any study of this type must refer to decades of history of international, but particularly US, strategic and economic policies and interests in Afghanistan and the region, and Ahmed does a great job in summarising the events that led to the rise of the Taliban and Osama bin Laden's al-Qa'ida in the 1990s. He also highlights longtime Bush-bin Laden family ties and the US-Saudi alliance. He checks out the warning signs received by US intelligence agencies well in advance of the 9-11 attacks, and considers the official US response to them—along with the anti-terrorism, police-state legislation that disguises a massive attack on freedom, aided and abetted by the media.

He leaves us in no doubt that certain interests in US government, military, industrial, intelligence and media arenas had much to gain from the September 11 attacks.





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## THE HIDDEN DRUG: Dietary Phosphate – Cause of Behaviour Problems, Learning Difficulties and Juvenile Delinquency

by Hertha Hafer

PhosADD, Australia, 2002 (translation of 6th revised German edition, 1998)  
ISBN 0-646-40644-2 (168pp tpb)  
Price: A\$24 + \$5 p&h; NZ\$29 + \$6 p&h;  
Euro15 + Euro6 p&h; US\$15 + \$6 p&h  
Availability: **Australia**—David J. Hardy, PO Box 217, Unley SA 5061, tel +61 (0)8 8272 7960, fax +61 (0)8 8272 8236, email d.jh@bigpond.com.au

Most of us have heard of the environmental problems caused by phosphate run-off from cleaning products and agricultural chemicals into waterways and seas, but know little about the health dangers from consuming the processed, phosphate-ridden foods and drinks that are common in the modern consumer society.

According to the investigations and observations of German research pharmacist Hertha Hafer, phosphate in food is the cause of Attention Deficit Hyperactivity Disorder (ADHD), the so-called behavioural disorder affecting so many children these days and increasingly being treated with psychotropic drugs like Ritalin. Hafer's son demonstrated such symptoms, yet, when he was given low-phosphate food, he soon returned to his normal, responsive, friendly self.

The more processed food you eat, the more phosphate you consume, though some people have greater sensitivity to it than do others. Phosphate additives are used by the food industry in emulsifiers, stabilisers and thickeners and are found in processed meats, cheese spreads, soups, sauces, creams,

chocolates, baked goods, baking powder, soft drinks and so on. Hafer describes the alarming biochemical effects of phosphates and includes lists of what can be eaten and what should be avoided, as well as a special low-phosphate diet plan.

Hertha Hafer's book, *The Hidden Drug: Dietary Phosphate*, was first published in 1978, and this is the 2001 English translation of the considerably updated sixth edition. This one reports on scientific studies up until the late 1990s, as Hafer's hypotheses have now been verified around the world.

If you're concerned about children's health in the consumer society, this is a must-read.

## NATURAL SOLUTIONS TO PMS by Marilyn Glenville, PhD

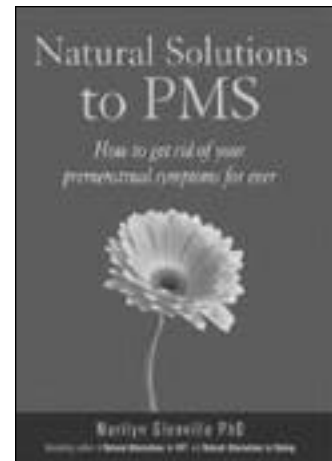
Piatkus Books, UK, 2002  
ISBN 0-7499-2211-7 (198pp tpb)  
Price: A\$32.95; NZ\$39.95; £10.99;  
C\$24.95

Availability: **Aust**—Hodder Headline; **NZ**—David Bateman P/L, tel (09) 415 7664; **UK**—Piatkus, tel 020 7631 0710, <http://www.piatkus.co.uk>; **Canada**—General Publishing, tel (416) 445 5967

It's estimated that premenstrual syndrome (PMS) affects 70–90% of Western women each month during their reproductive years, and that 30–40% have physical and psychological symptoms severe enough to disrupt their lives. Author and nutritional therapist Marilyn Glenville, PhD, reports that there are 150 symptoms associated with PMS—which means that a fragmentary, conventional approach to treating PMS is unlikely to be effective. Symptoms, whether they be headaches, cramps, weight change, mood swings, cravings or irritability, vary from woman to woman, so Dr Glenville advo-

cates an holistic approach to understanding, coping with and treating them.

But adjusting imbalances with pharmaceutical hormonal drugs is not the answer. The solution is to address what the body is doing to cause these symptoms to emerge. Dr Glenville looks at factors such as stress and adrenaline overload, vitamin and mineral deficiencies, low thyroid function, insufficient fatty acids, and so on. She gives tried-and-tested advice on dietary and lifestyle changes, food supplements and herbal remedies for specific ailments, and various alternative treatments. This is readily accessible information to help sufferers get rid of their symptoms permanently. One of the most important elements of her special PMS diet is balancing the blood sugar level, which means eliminating anything that causes rapid changes in blood sugar—such as coffee, tea, sugar, alcohol and chocolate. Not good news for some, but why not take the plunge for the sake of your total health?



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## PRACTICAL PSYCHIC SELF-DEFENSE

by Robert Bruce

Hampton Roads Publishing, USA, 2002

ISBN 1-57174-221-2 (332pp tpb)

Price: A\$46.95; NZ\$56.95; £12.99;

Euro21.90; US\$16.95

Availability: **Aust**—Gemcraft, tel (03)

9761 5535; **NZ**—NEXUS Office, tel (09)

405 1963; **UK**—Airlift, tel 0800 018 5450,

020 8804 0400; **Europe**—NEXUS; **USA**—

Hampton Roads, <http://www.hrpub.com>

With some stretch of the imagination we can perhaps accept that minds can influence other minds and emotions at a distance. A little stretch further and maybe we can entertain the notion that minds can be influenced synthetically using various mind control technologies. We may also be able to accept that the world of quantum physics involves discussion of dimensionality. But can we bring our minds to grasp the existence of interdimensional spirits that may have an effect on us for better or worse?

In this logical follow-up to *Astral Dynamics*, Australian author Robert Bruce writes commandingly of his own experiences with negative forces and how he's combatted them over the years. He says that every technique he describes for handling negative psychic influences is based on his own experience. He's aimed this book at readers who don't have any background in metaphysical knowledge or practice—but those who do should appreciate his principled, realistic, no-nonsense approach.

However, in the third section on protecting against unseen spirit influences, he does engage in some ritual-based but tried-and-tested methods of banishment, such as visualising tools and marking out sacred symbols to clear a space. These negative forces

("Nags", as he calls them) are much more frequently encountered by our subtle energy bodies than beneficent or even angelic forces, so this is all the more reason to be vigilant, to understand them and know how to deal with them. Children are particularly susceptible to these energies, and Bruce sets worried parents' minds at rest with his well-grounded advice and revealing case studies.

## THE HOLY ORDER OF WATER:

Healing Earth's Waters and Ourselves  
by William E. Marks

Bell Pond Books, USA, 2001

ISBN 0-88010-483-X (296pp hc)

Price: US\$18.95 + US\$5 s&h; C\$28.95;

o/s orders add \$5 surface mail; Euro22.90

Availability: **USA**—Bell Pond Books, tel

+1 (413) 528 8233, [http://www.bellpond-](http://www.bellpond-books.com)

[books.com](http://www.bellpond-books.com); **Europe**—NEXUS Office, tel

+31 (0)321 380558

We cannot live without water. Our bodies are largely composed of it. It's intrinsic to life. Yet our oceans, waterways and water supplies are increasingly being compromised by pollution.

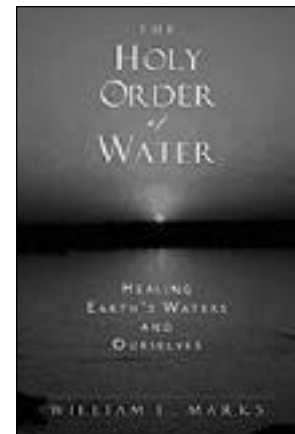
Worldwide bottled water sales were calculated at 27.5 billion gallons in 2000, up from 15 billion in 1994. We have the threat of wars being fought over scarce water supplies. We have water shortages, desertification, salination, inappropriate dams and population displacement, land subsidence due to overpumping of groundwater, rampant commodification as a result of water privatisation, destruction of ecosystems and so on.

It's time to respect and care for water as if it were a living being—which is exactly what it is, says William Marks in his passionate book, *The Holy Order of Water*.

Marks has been a staunch water protection advocate for much of his life. It started when he was a child growing up on his parents' self-sufficient organic farm in New Jersey, USA, and continued through his academic and professional life. Even as an undergraduate, he exposed industrial water pollution breaches that resulted in lawsuits.

A resident of Martha's Vineyard, Marks started the first state-certified water testing laboratory there and has worked tirelessly to clean up local waterways and publicise the clean water cause. His perspective takes in not just scientific research but the wisdom of the ages as he contemplates the practical, emotional and spiritual powers of water.

With chapters titled Wonder, Mystery, Crisis, Healing and Hope, Marks draws us into a journey of discovery that's ultimately about finding ourselves and our connection with the planet. He also emphasises how the actions of individuals and groups can make a difference for the better, and he gives examples of many who are doing just that.





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## GETTING RID OF RITALIN by Robert W. Hill, PhD, and Eduardo Castro, MD

Hampton Roads Publishing, USA, 2002  
ISBN 1-57174-254-9 (284pp tpb)  
Price: A\$46.95; NZ\$66.95; £14.99;  
Euro25.90; US\$19.95

Availability: **Aust**—Gemcraft, tel (03) 9761 5535; **NZ**—NEXUS Office; **UK**—Airlift, tel 020 8804 0400; **Europe**—NEXUS Office; **USA**—Hampton Roads, tel +1 (804) 296 2772, <http://www.hrpub.com>

An estimated four million children in the USA alone are currently taking the stimulant drug Ritalin to control so-called attention deficit disorder and hyperactivity.

Well-meaning doctors are prescribing it as a simple solution, but without necessarily understanding the causes of the problem.

According to the authors of *Getting Rid of Ritalin*—psychiatrist Eduardo Castro and psychologist Roert Hill—slow brainwave activity is at the core of ADD/ADHD. But by prescribing Ritalin to speed up the brain, doctors are not fixing the cause of the problem: they're unleashing a host of side effects on their patients and have no idea of the long-term consequences. When Ritalin is removed, the brain slows down again.

Drs Castro and Hill believe there is another way to treat ADD in children and adults, as well as control hyperactivity, lethargy, aggressiveness, violent behaviour and substance abuse: with neurofeedback. This is a sophisticated form of biofeedback, in which the brain is trained to speed up. At least for 75–80% of clients they've worked with, the technique is successful and has lasting benefits without side effects. Yet we have to wonder what might cause slow brainwave activity in the first place. We've come

across much compelling research on the link between a depleted diet and this neural disorder. Fortunately, the authors give due attention to how good nutrition can enhance brain activity, and they include tips on what foods to avoid. They also have a chapter on how toxic substances can contribute to ADD and how they can be removed. They even regard television as causing neurological damage, particularly in young children, so they consider this in their ADD picture.

Combined with good diet and lifestyle, the neurofeedback technique holds great promise. The book also has a useful list of neurofeedback practitioners worldwide.

## THE STONE PUZZLE OF ROSSLYN CHAPEL

by Philip Coppens

Frontier Publishing, Netherlands,  
Adventures Unlimited Press, USA, 2002  
ISBN 1-931882-08-8 (107pp tpb)  
Price: A\$27.00; NZ\$33.00; £7.99;

Euro14.90; US\$12.00 + s&h

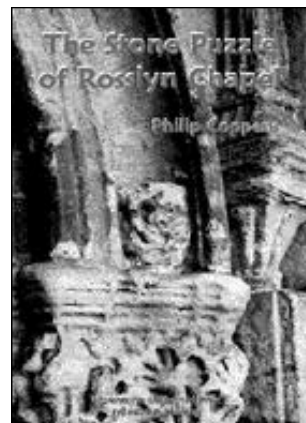
Availability: **Aust/NZ/UK/Europe**—NEXUS offices; **USA**—Adventures Unlimited, tel (815) 253 6390, website <http://www.adventuresunlimitedpress.com>

We've reviewed several books in these pages that discuss the 15th-century Rosslyn Chapel, located just south of Edinburgh, Scotland, and its possible associations with the Knights Templars and Freemasonry. All of them end with question marks, as does Philip Coppens's *The Stone Puzzle of Rosslyn Chapel*. But Coppens adds some interesting historical detail on generations of the wealthy, influential Sinclair (St Clair) family and the myths and distortions written by a 17th-century family biographer, which would suggest that the

Chapel well pre-dated organised Scottish Freemasonry and was never a Knights Templar stronghold.

Rosslyn Chapel was built under the direction of one William St Clair, grandson of the third Earl of Orkney, another William, over a 40-year period (in fact, he died before it was completed), and in 1450 it was dedicated to St Matthew and consecrated as a Catholic chapel. Yet it is full of conflicting pagan, occult and Masonic imagery and iconography, including over 100 representations of the Celtic Green Man, references to the Nordic Tree of Life myths, pillars related to various degrees of Masonic initiation, and a design possibly based on the Temple of Solomon in Jerusalem (as suggested by authors Knight and Lomas).

Coppens includes photos of special features in close-up (but not one of the Chapel in its entirety), and suggests St Clair chose the site for its special geography and its mystical Arthurian Grail associations through the centuries. Perhaps, after all, the Sinclairs were keepers of special knowledge.

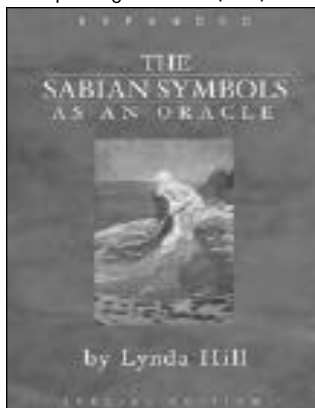


# REVIEWS



## THE SABIAN SYMBOLS AS AN ORACLE by Lynda Hill

White Horse, USA, Special Edition 2002  
ISBN 0-9580890-0-0 (360pp tpb + cards)  
Price: A\$30.00 + \$5 p&h in Australia;  
US\$30.00 + \$5 s&h in USA  
Availability: **Australia**—Lynda Hill, PO  
Box 172, Avalon NSW 2107, tel +61 (0)2  
9918 9539, email lyndah@bigpond.com,  
website <http://www.sabiansymbols.com>;  
**USA**—Philip Sedgwick, tel (480) 451 3070



The Sabian symbols comprise a set of word images that correspond with each of the 360 degrees of the circle—a zodiac mandala. They were recorded in one day in 1925 as part of an experiment between an astrologer, Marc Edmund Jones, and a gifted clairvoyant, Elsie Wheeler, who intuited an image for each degree. The Sabian symbols, says astrologer Lynda Hill, have roots in ancient cultures of the Middle East. The original Sabians lived in Harran, a city on the Euphrates in Mesopotamia, but they inherited the system from the Chaldeans.

The word images of each degree provide

additional insights for astrologers when they are placed into natal charts, and Lynda Hill is convinced the Sabian symbols are an amazingly accurate and intuitive tool. Yet, acceptance of this rather valuable adjunct to astrology has been slow. In her book, Hill develops the themes of each degree so that the symbols can be accessed as a type of oracle or divinatory tool—like a Western astrological *I Ching*. She also provides a set of cards to aid the reader and querent.

The position of the Sun or a planet can be read as corresponding to a particular degree of a zodiac sign. For instance, the September 11, 2001 position for Mars corresponds with the Capricorn 2 Sabian symbol: "Three stained-glass windows in a Gothic church, one damaged by war". Meaningful to some, but obtuse to others. But as with all divinatory systems, you get out of the symbols what you want or need to know.

Hill, an experienced astrologer, includes a chapter on Hitler's chart interpreted according to the Sabian symbols, and a section on how to prepare and use the oracle cards.

## THE BROOKHAVEN CONNECTION by Wade Gordon

Sky Books, USA, 2002  
ISBN 0-9678162-1-1 (243pp tpb)  
Price: US\$19.95 + US\$10.00 p&h to  
Aust/NZ; £16.99; Euro25.90  
Availability: **USA**—Sky Books, email sky-  
books@yahoo.com; Adventures Unlimited,  
website [http://www.adventuresunlimited-  
press.com](http://www.adventuresunlimited-<br/>press.com); **UK**—Gazelle Book Services, tel  
01524 68765; **Europe**—NEXUS Office

The Brookhaven National Laboratory (BNL) on New York's Long Island has been well known for decades as a top-notch nuclear research facility, but it is also

alleged to be the site of above-top-secret investigations into time travel, mind control and communication with extraterrestrials.

*The Brookhaven Connection* is the personal story of Wade Gordon, who grew up in the close-knit community around BNL. He claims that in 1968, as an eight-year-old with a curiosity for science, he was taken under the wing of the director of the *Phoenix* Project—successor to Project *Rainbow*, the secretive program that oversaw the so-called Philadelphia Experiment in 1943. With input from Einstein, Tesla and von Neumann, it allegedly opened a portal to hyperdimensional space-time.

From what Gordon found out, the *Phoenix* brief was expanded to include involvement with alien technology retrieved from the Roswell crash of 1947 and with the 1980s-era Montauk Project that was also related to the Philadelphia Experiment. Only 32 years later was Gordon, now a biopsychologist, able to piece together these sometimes frightening childhood memories: viewing a time-travel chamber once used to disprove the "lone gunman" theory of the JFK assassination so as to secure another 20 years of funding for *Phoenix*; examining an alien spacecraft teletransported to a cavernous lab 10 storeys below BNL; and a meeting with a spiritual, Nordic-type alien who could read his mind. His story cuts out where he glimpses a "dinosauroid" alien, so we're kept in limbo till the next book.

In any case, Wade Gordon believes he was shown these wonders so he would write about them at the right time—which would seem to be now. Peter Moon, one of the researchers responsible for the Montauk books series, provides the foreword and epilogue to this intriguing tale.

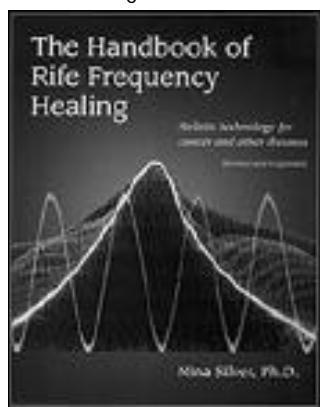


# REVIEWS

## THE HANDBOOK OF RIFE FREQUENCY HEALING

by Nina Silver, PhD

Center for Frequency Education, USA, 2001 (revised & expanded)  
ISBN 0-9668352-3-9 (435pp l/f tpb)  
Price: US\$60.00 + US\$10 priority s&h in USA, + US\$17 air to Canada, + US\$24 airmail to Aust/NZ, + US\$22 to UK/Eur  
Availability: **USA**—Center for Frequency Education, PO Box 952, Stone Ridge, NY 12484-0952, tel (845) 687 0963, website <http://www.healingheart-harmonics.com>



Just when we've reviewed an ultimate Rife manual (9/04), along comes another one which we can highly recommend. Nina Silver's *The Handbook of Rife Frequency Healing* is a must for Rife therapy practitioners and energy frequency healers. This is a newly revised edition which over the last eight years has been expanded with input from practising Rife therapists.

There is a growing worldwide movement to restore the high status that Dr Royal R. Rife and his discoveries enjoyed in the 1930s and 1940s—before they were driven underground by the medical authorities for being too successful.

With his Universal Microscope, Dr Rife was able to view living micro-organisms, and with his Beam Ray device he could use specific frequencies to target and kill the bugs responsible for cancer and many other illnesses that plague humanity. Dr Silver puts it all into context in her first two chapters, "The Politics of Illness and the Nature of Health" and "The History of Pleomorphism and the Inventions of Rife".

In line with her philosophy of balanced holistic health, Dr Silver includes a chapter of "Suggestions to Strengthen and Support Your System", originally aimed at Rife therapists dealing with sudden microbial die-offs. Next, she has a comprehensive section on FAQs about Rife equipment and sessions before she launches into on her mega A-Z Frequency Directory, which is set out in an easy-to-understand tabular form.

Her final chapter is a reflection on personal, political and transpersonal levels and on moving towards a new paradigm of healing. Dr Silver caps it all off with appendices that include an extensive resources section and bibliography, and a list of frequencies of biowarfare agents. An impressive edition!

## THE NEW RULERS OF THE WORLD

by John Pilger

Verso/New Left Books, UK, USA, 2002  
ISBN 1-85984-393-X (246pp hc),  
1-85984-393-X (pb)  
Price: A\$30 (hc); NZ\$39.95 (hc); £40 (hc), £12 (pb); Euro24.90 (hc); US\$60 (hc), US\$19 (pb); C\$87 (hc), C\$28 (pb)  
Availability: **Aust/NZ**—Macmillan; **UK**—Verso, tel 020 7437 3546; **Europe**—NEXUS Office; **USA**—Verso, tel (212) 807 9680, website <http://www.versobooks.com>

In his latest collection of expanded essays, *The New Rulers of the World*, investigative journalist John Pilger sets the scene with reference to Orwell's chilling *Nineteen Eighty-Four*—only today's slogan, "the war on terrorism", he interprets as "the war is terrorism". This book takes its title from his 2001 film, in which he explained how the imposition of a global economy in Asia commenced with Suharto's bloody seizure of power in Indonesia in the mid-1960s. The first chapter expands on this, showing how the economy was carved up sector by sector by powerful transnationals.

The idea that links each of the four chapters is that the new globalisation is the legacy of the old imperialism returned to "respectability". But this doesn't mean the state itself has been subjugated; it's actually a protector of rampant capitalism at the expense of social equity and democratic freedoms. Increasingly we're seeing valid dissent suppressed as the leaders of the free world call for "total war" against terror and pass the most draconian legislation in history. In depicting the plight of Iraqis, who have suffered a decade of sanctions and a few million deaths since the Gulf War, and of Afghans, several thousand innocents killed from October to December 2001, Pilger makes us ask why we should tolerate a UN Security Council whose five permanent members have the power of veto.

In the final chapter, Pilger returns to his Australian roots to focus on the ongoing struggle of the Aboriginal people as well as "illegal" asylum seekers in the face of "one of the most intransigent and meanest political establishments"—the Liberal government of John Howard. Here, as everywhere, freedom-loving people must make a stand if we really value human rights. Pilger's book is a wake-up call to us all.

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## ROGUE STATE: A Guide to the World's Only Superpower by William Blum

Common Courage Press, USA, 2000,  
revised foreword 2001

ISBN 1-56751-194-5 (198pp pb)

Price: A\$23.95; NZ\$25.73 + \$7 p&h;

£14.99; Euro24.90; US\$18.95

Availability: **Aust/NZ**—Astam Books, tel +61 (0)2 9566 4400, <http://www.astam-books.com.au>; **UK**—Zed Books, tel 020 7837 0384, <http://www.zedbooks.demon.co.uk>; **Europe**—NEXUS; **USA**—Common Courage Press, tel +1 (207) 525 0900, <http://www.commoncouragepress.com>

In the foreword to this revised edition of *Rogue State*, penned on September 19, 2001, William Blum writes that "Only the American people stand between the bombers and the bombed". But if there's to be any hope of their effecting a change of stance, "their consciences and intellects will have to be awakened", he says. People all over the globe can concur with this, and Blum should be applauded for actually saying it.

Blum's rundown on the misdeeds of US foreign policy in the last half-century should surely serve to shake a few more Americans out of the tendency to react with outpourings of patriotism rather than reflection—reflection on the idea that peoples around the world who have been wrongly done by at the hands of misguided US policy (and missiles) might actually have a valid gripe.

In Blum's opinion, Americans also need to take a good, hard look at the military-industrial establishment and ask whose interests it's really serving. Every time we tune in to the mainstream media, we hear more empty "war on terrorism" doctrine from Bush and his cronies, but we're usually left to read between the lines ourselves. Blum's book serves well to fill in the subtext.

In the first part, he looks at Washington's love/hate relationship with terrorists, war criminals and other human-rights violators—a relationship that has not prevented the funding of so many over the years. Next, he examines the history of US use of weapons of mass destruction—nuclear, depleted uranium, chemical and biological—not just abroad but at home. This is in sharp contrast to US pronouncements against use of such weapons by anyone else.

Finally, he shows up the successive ruling US governments for their global interventions since 1945, their perverting of electoral processes, their eavesdropping on the planet, their phony "war on drugs" facilitated by the CIA, and their intrinsic denials of freedoms that are supposedly written into the US Constitution and Bill of Rights. But what else can we expect of what has all the hallmarks of a fascist state?

## VIDEO

Reviewed by Ruth Parnell

### THE TRUTH AND LIES OF 9-11

#### A Lecture by Mike Ruppert

© *From The Wilderness* Publications,

USA, 2002 (138mins, PAL & NTSC)

Price: A\$44.00; NZ\$55.00; £18.00;

US\$24.95 + \$7.50 in USA, +\$20 o/s s&h

Availability: **Aust/NZ/UK/Europe**—

NEXUS offices; **USA**—*From The Wilderness*, PO Box 6061-350, Sherman Oaks, CA 91413, tel (818) 788 8791, <http://www.fromthewilderness.com>

This is one powerful video. It's produced and directed by Mike Ruppert, the former LAPD narcotics investigator whose groundbreaking research, published in his newsletter *From the Wilderness* and on his website (<http://www.copvicia.com>), is causing a stir in high places. Ruppert was among the first to be publicly critical of the official 9-11 story, and here he presents evidence that proves the US government had foreknowledge of, if not complicity in, the tragic events of September 11, 2001.

The scene is set with introductory video clips, including coverage of Mike's own run-in with then CIA Director John Deutch in 1996, when at a public hearing he posed an uncomfortable question about the CIA's role in drug trafficking—his "greatest moment". Then the video continues with his first public talk post-9-11, which he gave at Portland State University, Oregon, on November 28, 2001. Mike, by the way, is a UCLA political science honours graduate, and has a great feel for history and what goes on behind the scenes as well as a keen sense of humour and irony. His policy is only to present information whose facts can be confirmed by government documents, official statements or verifiable press sources.

In his extensive talk, Mike exposes some of the geostrategic planning that the US has engaged in over the last nearly two decades so it may lay claim to vast potential profits in gold, oil and drugs in the region of the many *-stans*, with help from the likes of Halliburton and of course the CIA. This is essential background in understanding the events of 9-11. He reveals startling CIA links to Wall Street drug money laundering, alarming predictions of imminent US economic collapse, a damning timeline of 9-11-related events, and more. This is interspersed with video commentary from notable whistleblowers, politicians and academics. The text of documents is presented in a close-up bar for ease of reading.

Mike is a great communicator (he was a huge hit at our last NEXUS Conference; see review next page), and a man of integrity.



# REVIEWS

## VIDEOS

Reviewed by Duncan Roads

### 2002 NEXUS CONFERENCE VIDEOS

**Produced by:** E & E Productions, PO Box 444, Oaklands Park, SA 5046, Australia, tel/fax +61 (0)8 8298 8449, website <http://www.eande.va.com.au>

#### **Available from:**

- **Australia** (PAL/VHS) – all videos are \$35.00 each, inc. GST + p&h; order from E & E Productions (see above)
- **New Zealand/South Pacific** (PAL/VHS) – all videos are NZ\$55.00 each, inc. GST + p&h; order from NEXUS NZ Office
- **UK/Europe** (PAL/VHS) – all videos are £16.00 each, inc. VAT + p&h; order from NEXUS UK Office
- **USA/Canada** (NTSC/VHS) – all videos are US\$35.00 each, inc. airmail postage; order from E & E Productions, Australia (see above)

#### • **Skip Atwater** (90mins)

*Remote Viewing & the Hemi-Sync Process* – Skip is director of research at the famous Monroe Institute, where out-of-body investigations have been conducted for decades. Skip outlines his military intelligence background and involvement with setting up remote viewing protocols. There's fascinating discussion of Joe McMoneagle's remote viewing of an ancient Martian civilisation.

#### • **David Hatcher Childress** (90mins)

*Megaliths, Atlantis & the Power System of the Gods* – Drawing on his own extensive personal travels and investigations, David takes you on a visual tour of the ancient mystery sites of the world, particularly those with evidence of advanced technology. David's latest interest lies in the mystery of the obelisks found in many ancient cultures and their link to a possible energy source.

#### • **Dr Len Horowitz**

*Death in the Air: Globalism, Terrorism & Toxic Warfare* – This presentation was not recorded, as Len already has it available as a professionally produced video via his website, <http://www.tetrahedron.org>.

#### • **Internet Security Team** (90mins)

*Big Brother and the Internet 2002* – A team of freelance investigators and Internet security advisers returns by popular demand and demonstrates yet more hacking and prevention techniques, security insights and examples, plus other tips and tricks you should know for and about your computer.

#### • **Brian Martin** (90mins)

*Strategies for Dissidents* – What do you do when you want to "blow the whistle"? Who do you turn to? How successful have others been with their cases and causes? These questions and answers and more are covered in this most informative talk. If you want to see how others have fared in their respective crusades and want to avoid their mistakes, you need this video.

#### • **Gary Opit** (90mins)

*Unexplained Phenomena in Australia* – Gary is a professional naturalist and researcher. He has spent more time in the bush than most care to think about, and his knowledge reflects his passion for nature. Gary has devoted years to gathering information on the more mysterious side of Australian wildlife, including yowies (Australia's "Bigfoot", for those don't know), prehistoric/Loch Ness-type river monsters, giant lizards and much more.

#### • **Mike Ruppert** (90mins)

*The Truth Behind September 11* – Mike Ruppert is truly a captivating and informative speaker. While he already has a well-produced video on 9-11 available, this conference presentation includes a lot more recent material. Financial foreknowledge, the geopolitics of oil, the cosy Bush-bin Laden financial history and the grand chess-game—all this and more are exposed in Mike's rivetting presentation.

#### • **Sherrill Sellman** (90mins)

*Hormone Lies, Hormone Truths* – For years, Sherrill has been warning men and women that we are not being told the truth about our hormones and hormonal drugs. Absolutely rivetting and info-packed presentation that should be compulsory viewing for everyone who values health and empowerment.

#### • **Saturday Night Forum** (120mins)

On the Saturday evening, there were three presentations: Marlene West and Greg Elton, on the latest in high-tech light and colour therapy; Dr Bob Grace, with an update on the TGA and Codex plus an overview of magnetic field therapy; and finishing with Ian Hacon, doing his round-up of free energy research in Australia.

#### • **2002 Conference Highlights** (2hrs)

A comprehensive "highlights" video is available for A\$45.00, NZ\$66.00, £20.00 or US\$45.00.



# REVIEWS



## MUSIC

Reviewed by Richard Giles

### TAIKO NE SEKAI

by TaikOz

TaikOz, Australia, 2001 (64mins)  
Distributors: **Australia**—New World Music, tel (02) 9565 4522, website <http://www.taikoz.com>; **USA**—New World Music, tel (303) 415 1040; **UK**—New World Music, tel 01986 781682, <http://www.newworldmusic.com>

Last edition I reviewed an album of dhol, a two-headed wooden drum, the loudest in Indian percussion. This issue it's the taiko drum, among the largest in the world. Shakuhachi flute master Riley Lee, co-founder of the TaikOz drum group, is also a skilled taiko drummer (NEXUS 7/05). The power of a taiko concert has to be felt and experienced, and, here, TaikOz combines deep drum rhythm with the ethereal sound of the shakuhachi. This album includes a seven-minute Quicktime file of a powerful taiko concert held in Brisbane in 2001.

### ONCE IN A RED MOON

by Secret Garden

Universal Music, UK, 2002 (51mins)  
Distributors: **UK/USA/Aust/NZ**—Universal Music, website <http://www.universalmusic.com>

Having praised Secret Garden's earlier albums (NEXUS 3/04, 6/06), it's a pleasure to hear their new CD. Norwegian keyboardist Rolf Lovland and Irish violinist Fionnuala Sherry combine sweeping harmonies from traditional Celtic and Scandinavian instruments and songs. It's captivating stuff! Guests include Karen Matheson from the Irish group Capercaille, Julian Lloyd Webber on cello, Swedish harpist Åsa Jinder from the debut album, and Brian Kennedy of *Riverdance* fame with Uilleann piper Liam O'Flynn. This is a hauntingly beautiful collection.

### MONDO RAMA

by Jai Uttal and the Pagan Love Orchestra

Narada, USA, 2002 (61mins)  
Distributors: **USA**—Narada, tel (414) 961 8350; **Aust**—MRA Entertainment, tel (07) 3849 6020; **UK**—Real World

Jai Uttal is a unique US performer who has done much to bring Indian fusion music with traditional lyrics to a wide audience (see NEXUS 3/01). This is his fifth album, and with his group, the Pagan Love Orchestra, he has moved far in presenting Indian sounds. His haunting voice has a special timbre. Several tracks stand out on

*Mondo Rama*, including Jai's version of "Tomorrow Never Knows" by Lennon and McCartney. He's done wonders with it: the sound will make you cry for more.

### VHUNZE MOTO

by Oliver Mtukudzi

Putumayo, USA, 2002 (54mins)  
Distributors: **USA**—Putumayo, tel 1888 788 8629, <http://www.putumayo.com>; **UK**—Pinnacle Imports, tel 01689 870622; **Aust**—MRA Entertainment

The title of Oliver Mtukudzi's newest album, *Vhunze Moto*, translates as "burning ember" in his native Shona language—a reference to political and social turmoil in his homeland of Zimbabwe. The music has a very danceable, irresistible movement, conjuring up vision with potent meaning but presented without fuss. Read the lyrics of tracks such as "Moto Moto" ("Fire is Fire") and "Magumo" ("How will it all end?") for Oliver's insistent messages. Wonderful music from a man of insight.

### PLANET YOGA

by various artists

Karuna, USA, 2002 (2CDs, 118mins)  
Distributors: **USA**—Karuna Music, tel (310) 456 9063, <http://www.karunamusic.com>; **UK**—Proper Music, tel 08704 440799; **Australia**—MRA Entertainment

Subtitled "Music for Yoga, Meditation and Peace", this is a double album of songs and melodies from the Indian yogic tradition, designed for meditation or for any physical discipline such as yoga, tai chi or relaxation techniques. The first disc contains songs and chants from artists such as Krishna Das, Jai Uttal, Dave Stringer and Rasa. The second disc features music from Ali Akbar Khan, Benjy Wertheimer and Drala. The first track on CD two is a particularly inspiring acoustic guitar and bansuri flute piece from Drala's Steve Gorn and David Nichtern. A stimulating collection.

